**Consent for Services**

Limits of Services and Assumption of Risks:

Coaching sessions carry both benefits and risks. Coaching sessions can significantly reduce the amount of distress someone is feeling, improve relationships, and/or resolve other specific issues. However, these improvements and any “cures” cannot be guaranteed for any condition due to the many variables that affect these coaching sessions.

Experiencing uncomfortable feelings, discussing unpleasant situations and/or aspects of your life are considered risks of coaching sessions.

Limits of Confidentiality:

What you discuss during your coaching session is kept confidential. No contents of the coaching sessions, whether verbal or written may be shared with another party without your written consent or the written consent of your legal guardian. The following is a list of exceptions:

1. **Duty to Warn and Protect**

If you disclose a plan or threat to harm yourself, the Coach or R.N. must attempt to notify your family and notify

legal authorities. In addition, if you disclose a plan to threat or harm another person, the Coach or R.N. is

required by law to warn the possible victim and notify legal authorities.

1. **Abuse of Children and Vulnerable Adults**

If you disclose, or it is suspected, that there is abuse or harmful neglect of children or vulnerable adults (i.e.

the elderly, disabled/incompetent), the Coach or R.N. must report this information to the appropriate State agency and/or legal authorities.

1. **Prenatal Exposure to Controlled Substances**

Coaches and Nurses must report any admitted prenatal exposure to any illegal controlled substances that could be harmful to the unborn child.

1. **Minors/Guardianship**

Parents or legal guardians of non-emancipated minor clients have the right to access the clients’ records.

By signing below, I agree to the above assumption of risk and limits of confidentiality and understand their

meanings and ramifications.

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Client Signature (Client’s Parent/Guardian if under 18) Date